Daily Success Checklist

	М	Т	W	T	F	S	S
Slept 8 hours			-				
Meditated							
Exercised			7.10				
Set my Intention			SALA A	V		A COLOR	
Cleansed my body						The King of the Ki	
Stepped away from Technology			e il		1		
Drank 2.7 litres of water				And the second		li.	
Eaten well		oith and				To the state of	7
Been Grateful			4 10	1000 A 1			
Loved My Life						\	-